BRAIN INJURY COMMUNITY RESOURCES

BRAIN INJURY

Brain Injury Canada

Website: www.braininjurycanada.ca

Provides advocacy, education, and information to improve the quality of life for Canadians living with acquired brain injuries and their families.

Brain Changes Initiative

Website: www.brainchanges.org

Supports recovery from traumatic brain injuries through research, exercise-based neurorehabilitation, and public awareness.

Community Head Injury Resource Services (CHIRS)

Website: www.chirs.com Telephone: 416-240-8000

Offers a broad range of community and client-centered rehabilitation services for individuals living with acquired brain injuries in Toronto.

Ontario Brain Injury Association (OBIA)

Website: www.obia.ca

Telephone: 905-641-8877 | Toll-Free: 855-642-8877 | Fax: (905) 641-0323

A provincial organization offering education, advocacy, and support services for individuals and families affected by acquired brain injury

across Ontario

International Brain Injury Association (IBIA)

Website: www.internationalbrain.org

Telephone (US Eastern Time): 703-960-6500 Telephone (US Central Time): 713-526-6900 Fax Number (Virginia Office): 703-960-6603 Fax Number (Houston Office): 801-421-0269

Facilitates international collaboration and research in the field of brain injury through conferences, resources, and professional networks.

Toronto Acquired Brain Injury Network

Website: www.abinetwork.ca

Telephone: 416-597-3057 | Fax: 416-597-7021

Coordinates access to brain injury rehabilitation services and support

in Toronto and promotes best practices in care delivery.



COMMUNITY BRAIN INJURY ASSOCIATIONS

SOUTHWESTERN ONTARIO

New Beginnings ABI & Stroke Recovery Association

Website: www.nbcksl.com

Telephone (Chatham): 519-351-0297 Telephone (Sarnia): 519-491-2668

Supports individuals recovering from acquired brain injury and stroke through support groups, rehabilitation programs, and community

reintegration activities in Chatham and Sarnia.

Brain Injury Association of London and Region

Website: www.braininjurylondon.on.ca

Telephone: 519-642-4539

Provides support, advocacy, and educational services for individuals

and families affected by brain injury in the London area.

Brain Injury Association of Waterloo-Wellington (BIAWW)

Website: www.biaww.org Telephone: 226-747-6246

Delivers programs, peer support, and awareness initiatives to improve the quality of life for people living with brain injury in the Waterloo-

Wellington region.

Brain Injury Association of Windsor & Essex

Website: www.biawe.com Telephone: 519-981-1329

Provides education, awareness, and support for individuals living with acquired brain injury and their families in Windsor and Essex County.

Brain Injury Association of Sarnia-Lambton

Website: www.sarniabiasl.ca Telephone: 519-337-5657

Offers resources, peer support, and advocacy to help individuals with

brain injury and their caregivers in the Sarnia-Lambton area.



SOUTHCENTRAL ONTARIO

Brain Injury Association of Niagara (BIAN)

Website: www.bianiagara.org Telephone: 905-646-2426

Supports survivors of brain injury and their families through programs,

peer mentoring, and community partnerships across Niagara.

Brain Injury Association of York Region (BIAYR)

Website: www.biayr.org Telephone: 437-673-2067

Provides advocacy, education, and support services for individuals

with acquired brain injury and their families in York Region.

Hamilton Brain Injury Association (HBIA)

Website: www.hbia.ca Telephone: 289-442-4023

Promotes awareness, resources, and peer support for brain injury

survivors and caregivers in Hamilton.

Brain Injury Association of Peel & Halton

Website: www.biaph.com

Telephone: +1-800-565-8594 | +1-905-823-2221

Provides advocacy, education, and support services to individuals and

families affected by brain injury in the Peel and Halton regions.

Brain Injury Society of Toronto (BIST)

Website: www.bist.ca Telephone: 416-830-1485

Delivers programs, support groups, and advocacy for brain injury

survivors and their families across Toronto.

Brain Injury Association of Durham Region (BIAD)

Website: www.biad.ca

Telephone: 905-723-2732 | Fax: 905-723-4936

Delivers programs, support groups, and advocacy for brain injury

survivors and their families across Toronto.

Brain Injury Association of Fort Erie (BIAFE)

Website: www.braininjuryforterie.com

Telephone: 905-871-7789 | Fax: 905-871-7832

Offers education, awareness programs, and peer support for brain

injury survivors in the Fort Erie area.

Headwaters Acquired Brain Injury Group (HABI)

Website: www.headwatersabi.ca

Telephone: 519-215-1519

Provides peer support and community resources for individuals and families living with acquired brain injury in the Headwaters region.

NORTHERN ONTARIO

Brain Injury Association of North Bay & Area

Website: www.bianba.ca Telephone: 705-478-8664

Supports brain injury survivors and their families with programs, advocacy, and peer connections in North Bay and surrounding areas.

Brain Injury Association of Sudbury & District

Website: www.biasd.ca

Telephone: (705) 670-0200 | Email: info@biasd.ca

Offers support groups, education, and advocacy to enhance the lives of individuals living with acquired brain injury in Sudbury and area.

Seizure and Brain Injury Association (Timmins)

Website: www.seizureandbraininjurycentre.com

Telephone: 705-264-2933

Provides programs, services, and education for individuals living with seizures and acquired brain injuries in Timmins and surrounding areas.

Brain Injury Association of Thunder Bay & Area

Website: www.biatba.com Telephone: 807-621-4164

Supports brain injury survivors and their caregivers through peer programs and community initiatives in Thunder Bay and area.

Brain Injury Association of Sault Ste. Marie & District

Website: www.soobraininjury.com

Telephone: 705-971-1050

Offers advocacy, education, and support for individuals and families living with acquired brain injury in Sault Ste. Marie and surrounding

areas.



EASTERN ONTARIO

Brain Injury Association of Peterborough Region (BIAPR)

Website: www.biapr.ca

Telephone: 705-741-1172 | Toll-Free: 1-800-854-9738

Provides rehabilitation support, programs, and resources for individuals living with brain injury and their families in the

Peterborough region.

Brain Injury Association of Ottawa Valley (BIAOV)

Website: www.biaov.org Telephone: 613-233-8303

Offers peer support, education, and advocacy to assist brain injury

survivors and caregivers in the Ottawa Valley.

Brain Injury Association of Quinte District (BIAQD)

Website: www.biaqd.ca

Telephone: 613-967-2756 | Fax: 613-967-1108

Provides awareness, education, and community programs for individuals with acquired brain injury and their families in the Quinte

District.

NATIONAL & PROVINCIAL

Brain Injury Canada

Website: www.braininjurycanada.ca

Provides advocacy, education, and information to improve quality of life for Canadians living with acquired brain injuries and their families.

International Brain Injury Association (IBIA)

Website: www.internationalbrain.org

Telephone (Alexandria, VA): 703-960-6500 Telephone (Houston, TX): 713-526-6900

Facilitates international collaboration and research in the field of brain injury through conferences, resources, and professional networks.

Ontario Brain Injury Association (OBIA)

Website: www.obia.ca

Telephone: 905-641-8877 | Toll-Free: 855-642-8877 | Fax: (905) 641-0323

A provincial organization offering education, advocacy, and support services for individuals and families affected by acquired brain injury

across Ontario



British Columbia Brain Injury Association

Website: www.brainstreams.ca

Telephone: 250-812-2962

Brainstreams.ca is an online education and networking site for the Brain Injury Community in B.C. and beyond developed by the BC

Brain Injury Association (BCBIA).

Alberta - Association for the Rehabilitation of the Brain Injury (ARBI)

Website: www.arbi.ca

Telephone: 403.242.7116 | Fax: 403.242.7478

Delivers community-based rehabilitation and recovery programs for

individuals living with the effects of brain injury in Alberta.

Saskatchewan Brain Injury Association

Website: www.sbia.ca

Telephone: 1-888-373-1555 (toll free in SK)

Provides awareness campaigns, peer support, and resources to improve quality of life for people impacted by brain injury in

Saskatchewan.

Manitoba Brain Injury Association

Website: www.mbia.ca Telephone: (204) 975-3280

Supports survivors and families through advocacy, education, and

community programs focused on brain injury in Manitoba.

Brain Injury Association of Nova Scotia

Website: www.braininjuryns.com

Telephone: 902-422-5000 | Toll Free: 1-833-452-7246

Works to enhance the lives of brain injury survivors by offering programs, advocacy, and caregiver support throughout Nova Scotia.

GOVERNMENT SERVICES

Canada Pension Plan (CPP)

Website: www.canada.ca/en/services/benefits/publicpensions/cpp

Telephone: 1-800-277-9914 | 1-800-255-4786

Provides monthly financial benefits to individuals who are disabled and unable to work due to a severe and prolonged disability,

including those with brain injuries.



Employment Insurance

Website: www.canada.ca/en/services/benefits

Offers temporary financial assistance to unemployed Canadians, including those recovering from injury, who meet eligibility requirements.

Ontario Disability Support Program (ODSP)

Website: www.mcss.gov.on.ca/en/mcss/programs/social/odsp

Telephone (Toll-free): 1-888-999-1142 | Toll-free TTY: 1-800-387-5559

Provides financial and employment support to individuals in Ontario with disabilities, including those affected by acquired brain injuries.

Financial Services Commission of Ontario (FSCO)

Website: www.fsco.gov.on.ca

Telephone: 416-250-7250 | Toll-Free: 1-800-668-0128

Regulates and oversees insurance, pensions, and other financial services in Ontario to protect consumers and ensure compliance with provincial legislation.

Ontario Works

Website: www.mcss.gov.on.ca

Telephone (Toll-free): 1-888-999-1142 | Toll-free TTY: 1-800-387-5559

Offers financial and employment assistance to individuals and families in temporary need, helping them achieve sustainable employment and self-sufficiency.

Wheel-Trans

Website: www.ttc.ca/WheelTrans

Telephone: 416-393-3030

Provides accessible transit services for individuals with physical disabilities who are unable to use conventional public transit in

Toronto.

ORTHOPAEDIC INJURY

American Academy of Orthopaedic Surgeons (AAOS)

Website: www.aaos.org

Telephone (Headquarters): 847-823-7186 Telephone (Washington Office): 202-546-4430

A professional association that provides education, research, and advocacy for orthopaedic surgeons and promotes musculoskeletal health globally.



OTHER SERVICES

College of Physicians and Surgeons of Ontario

Website: www.cpso.on.ca Telephone: 416-967-2600

Regulates the practice of medicine in Ontario, ensuring physicians meet professional standards and providing resources for public

safety.

Ontario March of Dimes

Website: www.marchofdimes.ca

Telephone: 416-425-3463 Toll-free: 1-800-263-3463

Fax: 416-425-1920

Offers a range of services for people with disabilities, including brain injury survivors, such as rehabilitation, peer support, and assistive

devices.

Mothers Against Drunk Driving (MADD)

Website: www.madd.ca Telephone: 1-800-665-6233

Advocates against impaired driving and supports victims and families affected by crashes, including those suffering traumatic brain injuries as a result.

Meals on Wheels - GTA

Website: www.mealsonwheels.ca

Telephone: 416-256-3010 | 1-800-267-OCSA

Delivers nutritious meals and provides wellness checks for individuals with mobility challenges or disabilities, including brain injury survivors,

in the Greater Toronto Area.

