

TRAUMATIC BRAIN INJURY SYMPTOM CHECKLIST

I. Cognitive Symptoms

Has the head injured person or family member noticed any changes or difficulties with:

- Ability to think.
- Ability to concentrate.
- Short-term memory.
- Long-term memory.
- Speech.
- Verbosity - talking too much.
- Ability to understand words or instructions.
- Reading ability.
- Ability to follow a conversation.
- Word retrieval - ability to find the right word.
- Confusion.
- Ability to keep track of more than one thing at a time.
- Judgment - making decisions (indecision).
- Thought-processing - thinking quickly.
- Ability to do job.
- Ability to do household chores.
- Ability to do arithmetic (balancing checkbook, paying bills, etc.)
- Ability to drive.

II. Emotional Symptoms (Psychological-Psychiatric)

Has the head injured person or family member noticed any changes or difficulties with:

- Feelings of anxiety.
- Apathy - difficulty becoming interested in anything.
- Controlling temper or violent behaviour.
- Feeling tense or under stress.
- Hearing voices inside head.
- Irritability.
- Nightmares or dreams.
- Uncontrolled laughing.
- Uncontrolled crying.
- Feeling depressed or sad.
- Feeling overwhelmed.
- Childish behaviour.
- Unusual impatience.

- Feelings of aggravation.
- Feelings of fatigue or tiredness.
- Hyperactivity or increased energy.
- Mood swings.
- Impulsiveness.
- Changes in sleep patterns.
- Change in libido or sex drive.
- Loss of motivation to do things.
- Fears.
- Aggressive or argumentative behaviour.
- Seclusiveness - staying at home.
- Suicidal thoughts.

III. Physical Symptoms

Has the head injured person or family member noticed any changes or difficulties with:

- Coordination of arms or legs.
- Headaches.
- Fainting or blackouts (seizures, syncope).
- Ringing or buzzing in the ears or head (tinnitus).
- Dizziness or lightheadedness.
- Hearing.
- Sensitivity to noise.
- Sense of taste.
- Sense of smell.
- Eating habits.
- Blurred vision.
- Double vision.
- Reduced vision.
- Control of eye movements.
- Sensitivity to light.
- Speaking or pronouncing words.
- Tiredness.
- Numbness or tingling in any area (scalp, face, jaw, other).
- Sensitivity to heat or cold.
- Pain in any area.
- Weakness in muscles (facial, arms, legs, other).
- Clumsiness (dropping things, knocking things over).
- Grip strength.